Maine Data
Past month substance use among Maine high school students, by substance type: 2011-2013

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2011</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any alcohol use</td>
<td>32.0%</td>
<td>27.0%</td>
<td>25.7%</td>
</tr>
<tr>
<td>Marijuana use</td>
<td>19.0%</td>
<td>18.8%</td>
<td>18.7%</td>
</tr>
<tr>
<td>Binge alcohol use</td>
<td>17.2%</td>
<td>14.5%</td>
<td>12.7%</td>
</tr>
<tr>
<td>Cigarette Use</td>
<td>16.1%</td>
<td>13.2%</td>
<td>10.8%</td>
</tr>
<tr>
<td>Rx misuse</td>
<td>7.4%</td>
<td>5.8%</td>
<td>4.6%</td>
</tr>
</tbody>
</table>

Source: Maine Integrated Youth Health Survey
Substance use among Maine adults (18+), by type and gender: 2013

- Any alcohol use (past month): 54.7%
- Cigarettes (past month): 18.2%
- Binge alcohol use (past month): 12.4%
- Marijuana use (past month): 4.2%
- At risk from heavy use (past month): 6.8%
- Prescription Drug Misuse (lifetime): 2.1%

Source: Behavioral Risk Factor Surveillance System
Percent of Maine women reporting alcohol and/or cigarette use during **last three months** of pregnancy: 2008–2012

**Source:** Pregnancy Risk Assessment Monitoring System
Percentage of Maine women who reported drinking alcohol during the last three months of pregnancy by age group: 2006-07 to 2011-12

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>&lt;25 years old</td>
<td>4%</td>
<td>4%</td>
<td>5%</td>
<td>4%</td>
<td>2%</td>
<td>4%</td>
</tr>
<tr>
<td>25-34 years old</td>
<td>8%</td>
<td>7%</td>
<td>8%</td>
<td>8%</td>
<td>8%</td>
<td>8%</td>
</tr>
<tr>
<td>35+ years old</td>
<td>14%</td>
<td>13%</td>
<td>11%</td>
<td>10%</td>
<td>10%</td>
<td>13%</td>
</tr>
</tbody>
</table>

Source: Pregnancy Risk Assessment Monitoring System
Percent of Maine women who reported drinking alcohol during last three months of pregnancy, by income: 2007–08 to 2011–12

Source: Pregnancy Risk Assessment Monitoring System
Treatment in Maine
Total number of pregnant substance abuse treatment admissions in Maine: 2008-2014

Source: WITS Substance Abuse Treatment System

*Data collected as of September*
Percentage of primary pregnant treatment admissions in Maine, by primary substance: 2014

Source: WITS Substance Abuse Treatment System

- Alcohol: 42%
- Marijuana: 8%
- Crack/Cocaine: 3%
- Heroin/Morphine: 3%
- Methadone/Buprenorphine: 3%
- Synthetic Opioids: 14%
- Other: 27%

Source: WITS Substance Abuse Treatment System
Percent of pregnant treatment admissions, by primary substance: 2009-2014

Source: WITS Substance Abuse Treatment System
National Rates
Any illicit drug use in the past month among U.S. females 15 to 44, by age group: 2011-12 and 2013-14

Source: National Drug Use and Health Survey

^Difference between estimate and 2011-12 estimate is statistically significant at the .01 level.

*Difference between estimate and 2011-12 estimate is statistically significant at the .05 level.
Any illicit use in the past month among U.S. females 15 to 44, by age group and pregnancy status: 2013-14

Source: National Drug Use and Health Survey

*Precision is too low for estimates among pregnant women 15 to 17.
Any illicit drug use within the past month among U.S. pregnant females 15 to 44, by trimester: 2013-13

First: 8.90%
Second: 5.30%
Third: 1.90%

Source: National Drug Use and Health Survey
Cigarette use in the past month among U.S. females 15 to 44, by age group and pregnancy status: 2013-14

<table>
<thead>
<tr>
<th>Age Group</th>
<th>All women 15-44</th>
<th>Pregnant women 15-44</th>
</tr>
</thead>
<tbody>
<tr>
<td>15-17*</td>
<td>8.4%</td>
<td></td>
</tr>
<tr>
<td>18-25</td>
<td>24.0%</td>
<td>19.2%</td>
</tr>
<tr>
<td>26-44</td>
<td>24.6%</td>
<td>9.5%</td>
</tr>
<tr>
<td>Total</td>
<td>22.8%</td>
<td>13.1%</td>
</tr>
</tbody>
</table>

*Precision is too low for estimates among pregnant women 15 to 17.

Source: National Drug Use and Health Survey
Any alcohol use in the past month among U.S. females 15 to 44, by age group and pregnancy status: 2013-14

Source: National Drug Use and Health Survey

*Precision is too low for estimates among pregnant women 15 to 17.
Any alcohol use within the past month among U.S. pregnant females 15 to 44, by trimester: 2013-13

Source: National Drug Use and Health Survey
Binge alcohol use within the past month among U.S. pregnant females 15 to 44, by trimester: 2012-13

Source: National Drug Use and Health Survey

Female binge drinking = four or more drinks in one sitting
Impact
Emergency Medical Services (EMS) naloxone administrations, by gender and age: 2014

Source: Maine Emergency Medical Services

Department of Health and Human Services
Number of Maine drug affected baby notifications: 2005-2014

*This measure reflects the number of infants born in Maine where a healthcare provider reported to OCFS that there was reasonable cause to suspect the baby may be affected by illegal substance abuse or demonstrating withdrawal symptoms resulting from prenatal drug exposure (illicit or prescribed appropriately under a physician’s care for the mother’s substance abuse treatment) or who have fetal alcohol spectrum disorders.

Mental Health
Mental health among Maine female high school students, by indicator type and gender: 2013

Sad or hopeless
- Total: 24.3%
- Female: 31.5%
- Male: 24.3%

Suicide ideation
- Total: 14.6%
- Female: 18.2%
- Male: 11.1%

Source: Maine Integrated Youth Health Survey
Mental health among Maine female high students, by indicator type: 2009-2013

Source: Maine Integrated Youth Health Survey
Depression and anxiety among Maine adults (18+), by gender: 2013

Source: Behavioral Risk Factor Surveillance System
Suicide deaths in Maine, by gender: 2008-2014

Source: Office of Data, Research and Vital Statistics
Contact

Tim Diomede, MPPM
SEOW Coordinator, Prevention Data Analyst
Timothy.Diomede@maine.gov
www.maineseow.com